



# Nurse's Notes

## October 2023



### KEEPING YOUR CHILD HEALTHY THIS WINTER

- Flu vaccinations and updated COVID vaccinations are available now!
- See the Friday communication from either school for information on how to sign up for one of the onsite vaccination clinics.
- You can also contact your primary care provider or preferred pharmacy to set up an appointment.

### PLEASE

- ✓ Help your child dress appropriately for the changing weather
- ✓ Encourage your child to bring a water bottle and drink throughout the day
- ✓ Encourage your child to bring a snack to school if they find they get hungry during the day

### REMINDERS

- ✓ Please remind your child not to share hats, hair accessories, or brushes to help prevent the spread of lice
- ✓ Please keep your child home for at least 24 hours if they have had a fever, vomiting, or diarrhea.
- ✓ All medications must have paperwork on file in the Health Office at your child's school. Most medications must be kept in the Health Office

### CONTACT INFO:

#### **Bayside Health and Attendance Office:**

414-247-4225 OR  
baysideattendance@foxbay.org

#### **Stormonth Health and Attendance Office:**

414-247-4119 OR  
stormonthattendance@foxbay.org

#### **District Nurse:**

Monica Cain, RN, BSN  
414-247-4226 OR  
mcain@foxbay.org

